

THE FIGHT BACK AGAINST



STARTS HERE

BOOK YOUR JAB TODAY!

You should get a flu jab if you have:

- ▶ Chronic lung disease including asthma
- ▶ Diabetes
- ▶ Chronic heart disease
- ▶ Chronic liver or kidney disease
- ▶ Lowered immunity
- ▶ Chronic neurological disease

Or if you...

- ▶ Are aged 65 or over
- ▶ Are, or may be, pregnant
- ▶ Look after someone who wouldn't be able to manage without your help

The Department of Health recommends the flu jab if you are in any of the above 'At Risk Groups.'

Reporting of side effects: If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not included in the package leaflet. You can also report side effects directly via the Yellow Card scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of medicines.

